

Kitchen Conversion Chart



1 GALLON:

4 Quarts

8 Pints

16 Cups

128 Ounces



1 QUART:

2 Pints

4 Cups

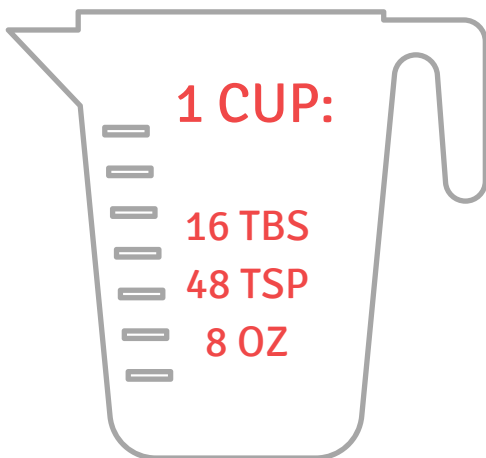
32 Ounces



1 PINT:

2 Cups

16 Ounces

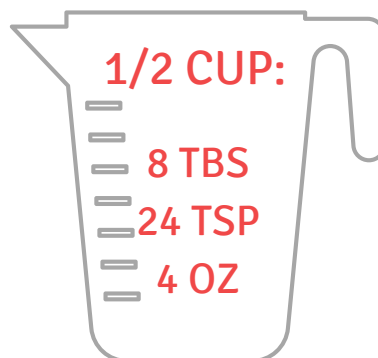


1 CUP:

16 TBS

48 TSP

8 OZ



1/2 CUP:

8 TBS

24 TSP

4 OZ



1 TBS:

3 TSP

1/2 OZ